

DIVINE HABITS

February 8 & 9, 2025

Hope alone won't change my life. Divine habits will.

Daniel 6:1-10 (NLT)

Darius the Mede decided to divide the kingdom into 120 provinces, and he appointed a high officer to rule over each province. The king also chose Daniel and two others as administrators to supervise the high officers and protect the king's interests. Daniel soon proved himself more capable than all the other administrators and high officers. Because of Daniel's great ability, the king made plans to place him over the entire empire.

Then the other administrators and high officers began searching for some fault in the way Daniel was handling government affairs, but they couldn't find anything to criticize or condemn. He was faithful, always responsible, and completely trustworthy. So they concluded, "Our only chance of finding grounds for accusing Daniel will be in connection with the rules of his religion."

So the administrators and high officers went to the king and said, "Long live King Darius! We are all in agreement—we administrators, officials, high officers, advisers, and governors—that the king should make a law that will be strictly enforced. Give orders that for the next thirty days any person who prays to anyone, divine or human—except to you, Your Majesty—will be thrown into the den of lions. And now, Your Majesty, issue and sign this law so it cannot be changed, an official law of the Medes and Persians that cannot be revoked." So King Darius signed the law.

But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.

What makes a habit divine:

- It is _____ in scripture.

Psalm 119:11 (NLT)

I have hidden your word in my heart, that I might not sin against you.

Action: Get in the word _____.

- It _____ my connection with God.

James 4:8 (NLT)

Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world.

Action: _____ focused prayers and conversational prayers daily.

- It _____ the transformation of my character.

2 Corinthians 3:18 (NIV)

And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

Action: _____ every morning to do everything that day as an act of worship to God.

Remember:

- God often does His biggest work through our _____ habits.

Luke 16:10 (NLT)

If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities.

- Hope alone won't change my life. Divine _____ will.

1 Corinthians 9:25-27 (TPT)

A true athlete will be disciplined in every respect, practicing constant self-control in order to win a laurel wreath that quickly withers. But we run our race to win a victor's crown that will last forever.

Winning means becoming the _____ version of who God created us to be.

HOW TO CREATE DIVINE HABITS (Daniel 6)

1

_____ what habits need to change, improve or be added.

Psalm 139:23-24 (TPT)

God, I invite your searching gaze into my heart. Examine me through and through; find out everything that may be hidden within me. Put me to the test and sift through all my anxious cares. See if there is any path of pain I'm walking on, and lead me back to your glorious, everlasting way—the path that brings me back to you.

Daniel 1:4 (NLT)

“Select only strong, healthy, and good-looking young men,” he said. “Make sure they are well versed in every branch of learning, are gifted with knowledge and good judgment, and are suited to serve in the royal palace. Train these young men in the language and literature of Babylon.”

2

_____ and be committed to consistency.

Daniel 1:8 (NLT)

But Daniel was determined not to defile himself by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods.

Daniel 6:5 (NLT)

So they concluded, “Our only chance of finding grounds for accusing Daniel will be in connection with the rules of his religion.”

The Habit Loop: _____ ⇒ Craving ⇒ Response ⇒ _____

- If I want to change what I do, I must change my _____.

3

_____ the opposition that will come.

Daniel 6:8 (NLT)

“And now, Your Majesty, issue and sign this law so it cannot be changed, an official law of the Medes and Persians that cannot be revoked.”

3 Enemies of My Habits:

- The _____ – the desire within me to quit.
- The _____ – the temptations around me.
- The _____ – the traps he sets for me.

1 John 2:16 (TPT)

For all that the world can offer us—the gratification of our flesh, the allurements of the things of the world, and the obsession with status and importance—none of these things come from the Father but from the world.

Tools: Journals, Apps, Accountability Partners, Small Groups, Church

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1 Timothy 4:8 (NLT)

“Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.”

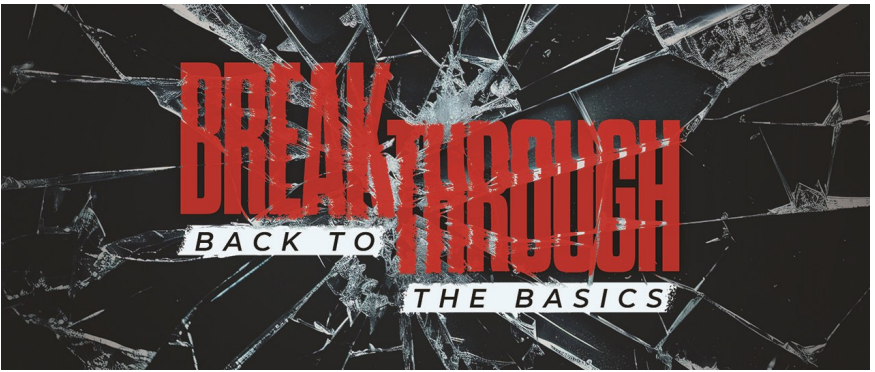
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We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne. Think of all the hostility he endured from sinful people; then you won’t become weary and give up.

Never underestimate how God can start something _____ through one small _____.

Daniel 6:16, 21-23 (NLT)

So at last the king gave orders for Daniel to be arrested and thrown into the den of lions. The king said to him, “May your God, whom you serve so faithfully, rescue you.” Daniel answered, “Long live the king! My God sent his angel to shut the lions’ mouths so that they would not hurt me, for I have been found innocent in his sight. And I have not wronged you, Your Majesty.” The king was overjoyed and ordered that Daniel be lifted from the den. Not a scratch was found on him, for he had trusted in his God.



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The Habit Loop: Cue ⇨ Craving ⇨ Response ⇨ Reward

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Resist the opposition that will come.

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